



**READY
FOR
CHANGE?**

Take on the Elephant

Call LifeGate Counseling Center at **(404) 842-3150**,
or visit **www.lifegatecenter.org**.

Take On the Elephant of ADDICTION

Addiction leaves its fingerprints not just on the alcoholic/addict, but also on spouses, children and other loved ones, creating a path of destruction felt far and wide.

The following are signs and symptoms of alcohol/drug abuse:

- Increased tolerance
- Drinking/using in larger quantities or for longer periods than intended
- Failing to meet life responsibilities or giving up/reducing work, social or recreational activities due to use
- Unable to reduce use despite various attempts
- Continued use despite knowledge of negative impact on physical, psychological and relational well being

You and your loved ones can find a life that is happy, joyous and free of alcohol and drugs. To do so, you must break the silence and ask for help.

If you or someone you love would like to consult with someone confidentially regarding relational struggles in your family due to addiction, or even if you perhaps have questions about your own struggle, please do not hesitate to contact the LifeGate Counseling Center at Peachtree. We have an amazing team and have created a safe place for healing.

